

MENZA

—
CONTEMPORARY FOOD

M E N U

For

— NON-HEBREW READERS —

LUNCH



{A FEAST THAT STARTS AT NOON, ROLLS TO COLD

VEGAN

Patties

Swiss chard and leek patties on black lentils salad
60

Soba noodles

Cauliflower, Garlic, lemon herbs and sesame oil
58

COUSCOUS SALAD

Zucchini, pumpkin cauliflower, hazel nuts herbs, cranberries and tahini
52

KID'S MENU

Schnitzel

With fries/mashed potatoes/salad
46

Pasta

Cream/tomato/olive oil sauce (all tasty)
44

Caprese salad ... 48

Colored cherry, grilled cherry, tomato slices, Kalamata olives, purple onion, Buffalo mozzarella, bruschetta, Olive oil, basil and tomato balsamic vinegar.

Nicoise salad ... 60

Soft boiled egg, green beans, capers, purple onion sherry small radish, Potato, anchovies and scorched tuna

Kale Salad ... 46

Kale, Pitaya, roasted almonds and Mustard Vinaigrette

Fricke salad ... 48

Fricke, micro spinach, pomegranate, dried apricot, pistachios crème of tahini and turmeric

Fatush Mediterranean salad ... 48

A variety of garden leaves, herbs, tomato, purple onion Kalamata olives, grilles pita bread, goat feta

Beef Carpaccio ... 52

Hazelnuts, Parmesan crème, arugula and bread toast

Ceviche ... 58

Local Olive oil, chili, red onion, Hazelnuts, garden leaves and seasonal Fruits

WARM

Chic Parisien ... 58

Camembert filled with jam, salad of bakes beet pearls, pecans, Purple onion and herbs

Parmesan Artichoke ... 38

Fried Artichoke alla romana, parmesan papers, toastes And ranch sauce

Shrimps Mariniere ... 68

Leek, shallot, garlic and Hallah

Calamari in curry ... 64

Calamari scorched with olive oil, grilled tomatoes In curry sauce and sweet potato fries

Focaccia ... 28

Served with 3 changing dips and artichoke.

Soup Du Jour ... 38



DINNER

THE EVENING AND WELL INTO THE NIGHT}

HOT

Menza burger ... 65

Beef hamburger (250g) with fries / mashed potatoes
Served with veggies and aioli
Topping: cheddar / bacon / truffle and garlic butter .7nis

Corned beef sandwich ... 60

Lettuce, tomato, purple onion and aioli
Comes with fries / mashed potatoes

Home made sausage casserole ... 78

Three sausages, Gouda cheese, spices, Austrian styled
cabbage and mashed potatoes

Milanesa ... 76

Veal schnitzel, wasabi aioli, lemon wedge
Comes with fries / mashed potatoes

Simply steak ... 124

Entrecôte steak (300g) Vegetables and grills
comes with fries or mashed potatoes

Pork Osobuku ... 104

Apple Cider, Root Vegetables and mashed potatoes

Cheek Ragu Pappardelle ... 86

Red wine, root Vegetables, tomatoes and rosemary

Cappellacio ... 68

Filled with artichoke and goat cheese, soured crème fraîche
sauce

Crab risotto ... 82

Three grain rice, crab meat stock and Parmesan

Seafood Challah ... 82

Oktopus and Shrimps, white butter sauce and Coleslaw

Fish kebab ... 78

Bass and sea meagre kebabs, herbs, artichoke alla romana
Grilled onion, scorched tomatoes and garlic confit

Fish of the day ... 109

Grill roasted whole fish

Baked Meagre a la provencal ... 129

Sweet potato Ravioli, Tomato, Kalamata Olive, Gerlic and
Parsley

THE BEER

THE DRAUGHT

Staropramen

27

Goldstar UF

25

THE BOTTLES

Herzel IPA

32

Herzel dolce

da asal

32

Paulaner

27

BEVERAGES

Soft drinks

12

Acqua panna

24/12

Perrier

20/12

S.pellegrino

23

BREAKFAST

(EVERY MORNING TILL 12:30)

Did we
mention that
breakfasts are
served with juice
or coffee?

HOT & COLD

Espresso	9
Double espresso	10
Cappuccino	12
Tea	10
Apple&Ginger juice	18
Orange juice	36/16
Lemonade	14
Grapefruit	14
Ice tea	30/14
Sodas	12
Acqua panna	24/12
Perrier	20/12
S.Pellegrino orange/lemon	12

Israeli breakfast . . . 90/50

Two eggs of your choice, creamed cheese, pesto pickled salmon spread, tuna, olives tapenade, house bread and a small salad

Croque Madame . . . 50

Two fried eggs served on a Parmesan toast, bacon and a small salad

Bacon toast . . . 46

Bacon, cheddar cheese and cornichon

Oatmeal&chia pudding . . . 36

Coconut milk, fruits and maple

Muesli . . . 25

Goat yogurt, fruits and granola

SANDWICHES

Salmon . . . 28

Smoked Salmon, creamed cheese, small radish and arugula

Mozzarella . . . 24

Pesto and tomato

Eggs salad . . . 22

Aioli, mustard, purple onion and cornichon

PASTRIES

A-la croissant . . . 24

Served with a fried egg/bacon

Butter Croissant . . . 14

Croissant Almonds/ chocolate . . . 16